

GROUP CLASSES - In Person & Zoom

27 April 2024

DATE & TIME	CLASS TYPE	CLASS LEVEL	LOCATION
Monday			
15:00 - 16:00	<i>Pilates & Movement</i>	Level 1+ to 2+	Button Hill, S11
Tuesday			
10:45 - 11:45	<i>Pilates & Movement</i>	Level 1+ to 2+	Ranmoor Parish Centre
12:00 - 13:00	<i>Pilates & Movement</i>	Level 1+ to 2+	Ranmoor Parish Centre
13:15 - 14:15	<i>Pilates & Movement</i>	Level 1, Beginners	Ranmoor Parish Centre
Wednesday			
09:10 - 10:10	<i>Pilates & Movement</i>	Level 2 to 2+	Dore & Totley URC, S17
10:20 - 11:20	<i>Pilates & Movement</i>	Level 1+ to 2+	Dore & Totley URC, S17
11:30 - 12:30	<i>Pilates & Movement</i>	Level 1, Beginners	Dore & Totley URC, S17
14:00 - 15:00	<i>Pilates & Movement</i>	Level 1+ to 2+	Button Hill, S11
Thursday			
07:45 - 08:45	<i>Pilates & Movement</i>	Level 3 to 4	Zoom
09:00 - 10:00	<i>Pilates & Movement</i>	Level 1+ to 2+	Zoom